



第1部分

笔画的力方向



第1关

“撇”的力方向



通关目标

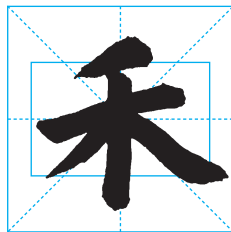
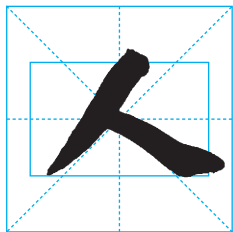
掌握“撇”的运笔方法。

书写要领

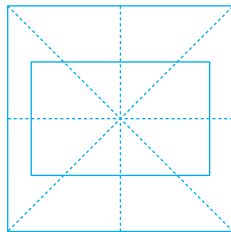
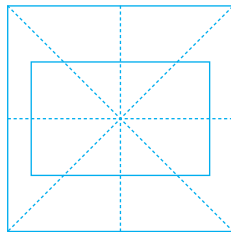
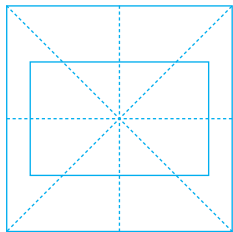
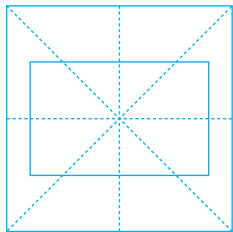
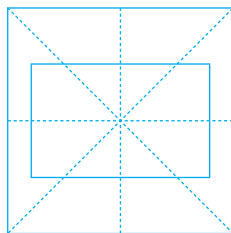
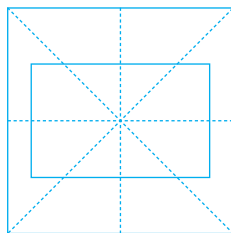
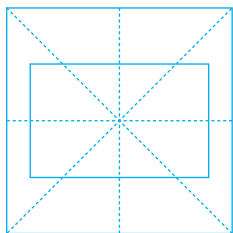
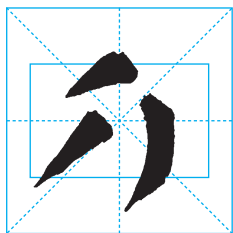
- (1) 笔尖按在纸面,做好向左下方运笔的动作。
- (2) 毛笔垂直,中锋直行。
- (3) 右上顿笔,一边向左下按笔一边挑出。

书写示范与练习

人、禾。



“撇”的力方向向左下方：平撇、斜撇、竖撇。



第2关

“横”的力方向



通关目标

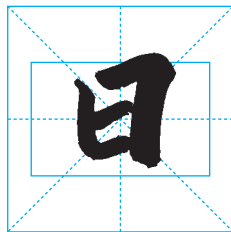
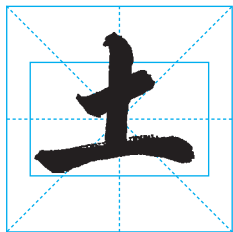
掌握“横”的运笔方法。

书写要领

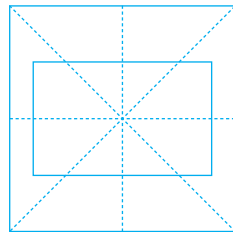
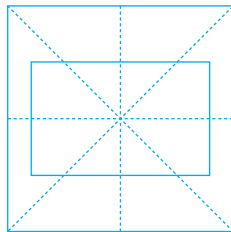
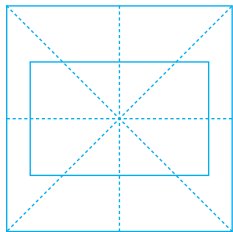
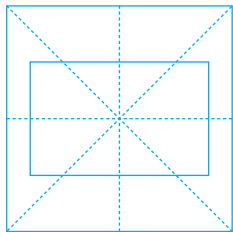
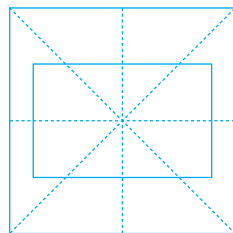
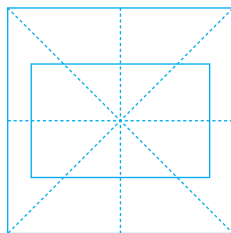
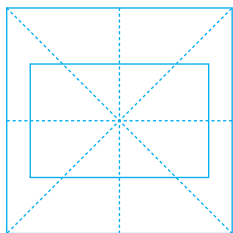
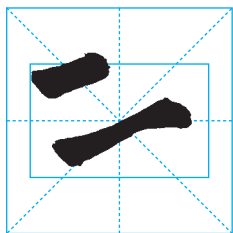
- (1) 笔尖按在纸面,做好向右运笔的动作。
- (2) 向右推笔,轻顿笔起笔,稍提笔向右写。
- (3) 逐渐加力略带小弯,写够长度,回锋收笔。

书写示范与练习

土、日。



“横”的力方向向右倾斜：短横、长横。



第3关

“竖”的力方向



通关目标

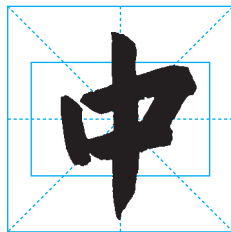
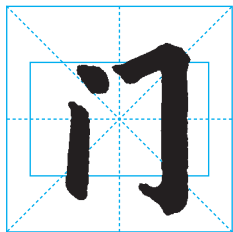
掌握“竖”的运笔方法。

书写要领

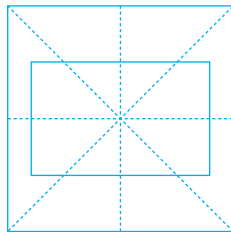
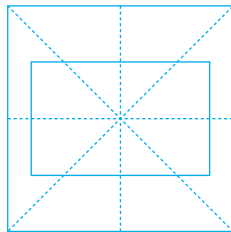
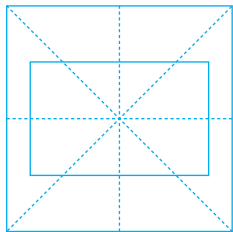
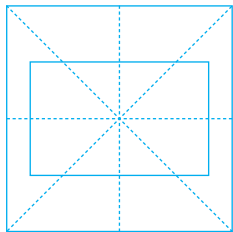
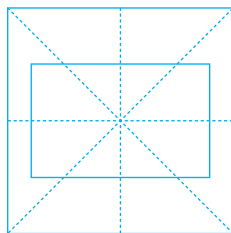
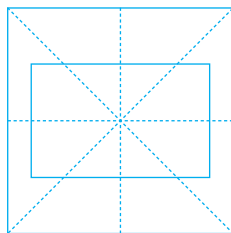
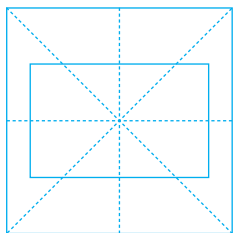
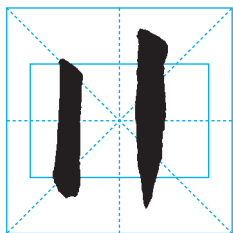
- (1) 笔尖按在纸面,做好向左下方运笔的动作。
- (2) (垂露竖)向下起笔、行笔、顿笔写出较粗的竖画。
- (3) (悬针竖)顿笔向下,渐提笔,用挑笔写出笔锋。

书写示范与练习

门、中。



“竖”的力方向向左下方。



第4关

“竖钩”的力方向



通关目标

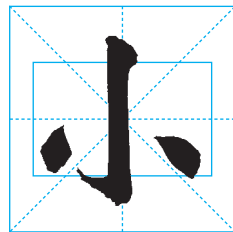
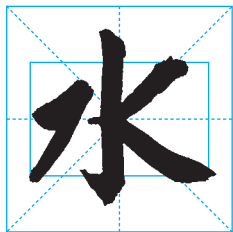
掌握“竖钩”的运笔方法。

书写要领

- (1) 笔尖按在纸面,做好向左下方运笔的动作。
- (2) 先竖,竖笔要直长,然后做好向左上钩的准备。
- (3) 向左上提锋出钩,出钩要短小。

书写示范与练习

水、小。



“竖钩”的力方向左上挑笔。

